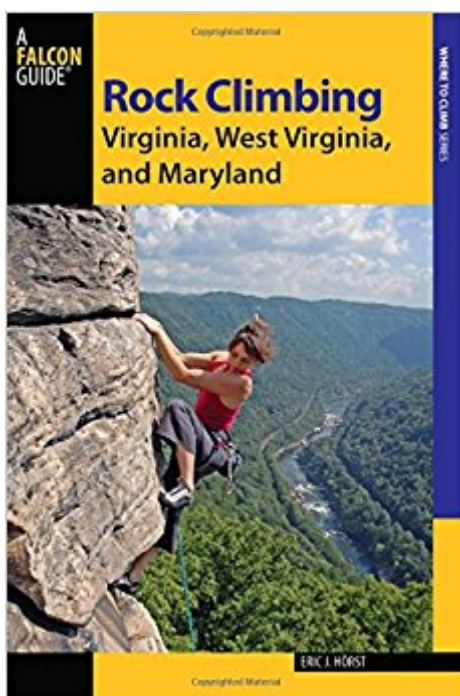


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# Rock Climbing Virginia, West Virginia, And Maryland (State Rock Climbing Series)



## Synopsis

The Mid-Atlantic region abounds with superb rock climbing areas, including hidden gems far from the crowds. From the granite peaks of Old Rag Mountain to the miles of glowing Nuttall Sandstone in the New River Gorge, the states of Virginia, Maryland, and West Virginia offer exciting and diverse climbing opportunities. *Rock Climbing Virginia, West Virginia, and Maryland* describes numerous routes in the best locations, from popular topropes at Great Falls to the 300-foot multipitch classics at Seneca Rocks. This fully updated guidebook describes hundreds of new routes and includes full color maps, photos, and topos, making it an indispensable resource for local and visiting climbers alike.

## Book Information

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## Customer Reviews

The Mid-Atlantic region abounds with superb rock climbing areas, including hidden gems far from the crowds. From the granite peaks of Old Rag Mountain to the miles of glowing Nuttall Sandstone in the New River Gorge, the states of Virginia, Maryland, and West Virginia offer exciting and diverse climbing opportunities. *Rock Climbing Virginia, West Virginia, and Maryland* describes numerous routes in the best locations, from popular topropes at Great Falls to the 300-foot multipitch classics at Seneca Rocks. This fully updated guidebook describes hundreds of new routes and includes full color maps, photos, and topos, making it an indispensable resource for local and visiting climbers alike.

Eric Horst has been a cutting edge climber for the past 30 years while pursuing his vertical passion in relative seclusion in southeastern Pennsylvania, hardly a hot-bed of American climbing. Eric helped develop the New River Gorge in West Virginia in the 1980s and 1990s into a premier world-class climbing area. He started climbing at age 13 and by 1981 was regularly cranking 5.12 routes and in the mid-1980s did the first 5.13 climbs in West Virginia and Pennsylvania. Eric has put up over 400 first ascents to date. Besides his impressive rock resume, Eric is also a training for climbing guru. He's written several best-selling books on climbing, including Training for Climbing, How to Climb 5.12, Learning to Climb Indoors, and the new Conditioning for Climbing. For more about Eric and his cool training tips, check out his website [Trainingforclimbing.com](http://Trainingforclimbing.com). Eric will guide one of our Climb With The Pros winners around the Shawangunks in New York for a day of climbing a lot of the classic routes that Layton Kor climbed back in the sixties on his trips back East. Routes include the great Gunks classics that Layton climbed back in the 1960s.

I bought this guidebook to have all of the MD, VA, WV in one book rather than carrying around a few small ones for areas like Great Falls and Carderock. It's a fine guidebook. It boasts color pictures, but some pictures are only line drawings. The line drawings are somewhat more difficult to interpret, but you get there eventually.

This book has a lot of really great routes in it; it's been really helpful.

great starter guide for the DMV area

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